



Aviva London Grand Prix
Crystal Palace - London
Friday 24 and Saturday 25 July 2009



Women's 3000 Metres Under 20

RESULTS



25 July 2009

ATHLETICS ATHLETICS

Start TIME TEMPERATURE HUMIDITY
13:02 17 °C 77 %

NR	MARK	COMPETITOR	NAT	AGE	Record Date
	8:28.83	Zola BUDD	GBR	19	7 Sep 1985

POS	COMPETITOR	AGE	LANE	MARK	
1	Sarah INGLIS LOTHIAN	17	12	9:26.02	PB
2	Sophie COLEMAN PHOENIX	18	16	9:27.48	PB
3	Abbey MCGHEE VICTORIA PARK A A C	19	3	9:29.50	PB
4	Hannah WALKER DARLINGTON	17	8	9:39.64	PB
5	Emelia GORECKA ALDERSHOT, FARNHAM & DISTRICT	15	1	9:40.23	
6	Jessica RUSSON NEW MARSKE	18	11	9:46.19	
7	Laura PARKER YEOVIL OLYMPIADS	0	4	9:47.72	PB
8	Blue HAYWOOD LINCOLN WELLINGTON	17	14	9:47.96	
9	Lily PARTRIDGE ALDERSHOT, FARNHAM & DISTRICT	18	15	9:49.42	
10	Danni NIMMOCK C NORWICH	19	13	9:49.57	PB
11	Rebecca CRAIGIE VALE ROYAL A C	17	9	9:54.47	PB
12	Natalie GRANT ROTHERHAM	19	18	9:56.53	
13	Grace NICHOLLS TONBRIDGE A C	17	6	10:01.10	
14	Georgie-Lou SALES WOODFORD G ESSEX L	18	17	10:02.94	
15	Ruth HAYNES ALDERSHOT, FARNHAM & DISTRICT	15	5	10:13.54	
16	Leigh LATTIMORE DACORUM and TRING	18	7	10:29.94	
	Suzi BOAST BEDFORD C	19	10	DNF	
	Katie KNOWLES BRISTOL & WEST	19	2	DNS	



3000 Metres Under 20 Women RESULTS



POS	COMPETITOR	AGE	LANE	MARK
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INTERMEDIATE TIMES

1000	193 Sophie COLEMAN	3:10.71		
2000	193 Sophie COLEMAN	6:17.76		

GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
8:28.83	Zola BUDD	1985
8:50.89	Stephanie TWELL	2008
8:51.78	Paula RADCLIFFE	1992
9:03.35	Philippa MASON	1986
9:04.14	Yvonne MURRAY	1983
9:06.16	Helen TITTERINGTON	1988
9:06.87	Emily PIDGEON	2006
9:07.02	Carol HAIGH	1985
9:09.14	Lisa YORK	1989
9:10.67	Sian EDWARDS	2006

GREAT BRITAIN & N.I. TOP 2009

MARK	COMPETITOR	DATE
9:15.42	Kate AVERY	17 May
9:15.76	Beth POTTER	17 May
9:18.69	Charlotte PURDUE	3 Jun
9:18.82	Louise SMALL	28 Jun
9:26.02	Sarah INGLIS	25 Jul
9:27.48	Sophie COLEMAN	25 Jul
9:27.72	Suzi BOAST	17 Jun
9:29.50	Abbey MCGHEE	25 Jul
9:39.64	Hannah WALKER	25 Jul
9:39.80	Josephine MOULTRIE	6 Jun

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Issued Saturday, 25 July 2009 at 13:21

