



# Men's 400 Metres

Aviva London Grand Prix  
Crystal Palace - London  
Friday 24 and Saturday 25 July 2009



## START LIST



	MARK	COMPETITOR	NAT	AGE	Record Date
<b>WR</b>	<b>43.18</b>	<b>Michael JOHNSON</b>	USA	31	26 Aug 1999
<b>NR</b>	<b>44.36</b>	<b>Iwan THOMAS</b>	GBR	23	13 Jul 1997
<b>SR</b>	<b>43.98</b>	<b>Michael JOHNSON</b>	USA	24	10 Jul 1992
<b>ACR</b>	<b>43.98</b>	<b>Michael JOHNSON</b>	USA	24	10 Jul 1992

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START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	<b>Conrad WILLIAMS</b> GREAT BRITAIN & N.I.	27	<b>45.63</b>	45.63
2	<b>SEAN WROE</b> AUSTRALIA	21	<b>45.07</b>	45.07
3	<b>Angelo TAYLOR</b> UNITED STATES	30	<b>44.05</b>	
4	<b>Robert TOBIN</b> GREAT BRITAIN & N.I.	25	<b>45.01</b>	45.15
5	<b>Martyn ROONEY</b> GREAT BRITAIN & N.I.	22	<b>44.60</b>	45.35
6	<b>Michael BINGHAM</b> GREAT BRITAIN & N.I.	23	<b>45.05</b>	45.05
7	<b>Lionel LARRY</b> UNITED STATES	22	<b>44.63</b>	45.27
8	<b>Jamaal TORRANCE</b> UNITED STATES	26	<b>45.19</b>	45.31

Issued Friday, 24 July 2009 at 12:46

