



Women's 400 Metres

Final

Aviva London Grand Prix
Crystal Palace - London
Friday 24 and Saturday 25 July 2009



START LIST

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	47.60	Marita KOCH	GER	28	6 Oct 1985
NR	49.43	Kathy COOK	GBR	24	6 Aug 1984
SR	49.05	Sanya RICHARDS	USA	21	28 Jul 2006
ACR	49.05	Sanya RICHARDS	USA	21	28 Jul 2006

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START	COMPETITOR	AGE	PERSONAL BEST	2009 BEST
1	Tamsyn LEWIS AUSTRALIA	31	51.42	51.42
2	Lee MCCONNELL GREAT BRITAIN & N.I.	30	50.82	51.52
3	Aliann POMPEY GUYANA	31	50.90	50.90
4	Monica HARGROVE UNITED STATES	26	50.39	50.39
5	Nicola SANDERS GREAT BRITAIN & N.I.	27	49.65	51.21
6	Christine AMERTIL BAHAMAS	29	50.09	51.43
7	Shana COX UNITED STATES	24	50.84	51.44
8	Deedee TROTTER UNITED STATES	26	49.64	52.00

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